

Bible Study Basics: Ephesians

Find out what it looks like to live as one of God's adopted children.

By Amy Jackson

In a time when so many people struggle with identity, Ephesians is the perfect book of the Bible to study. Paul makes it clear: Our identity is found in the fact that we are children of God, adopted into his family, and we're to live as children of light in a dark world. Ephesians reminds believers of all Christ has done to reconcile us to himself and what that means for how we should live. It provides practical instructions for relationships that honor God.

Included in each Bible Study Basics:

- How to Use Bible Study Basics: A clear guide on customizing this study for your group
- Lead a Great Discussion: Excellent quick tips on facilitating well
- Engage Everyone in Your Group: Learn how to make this study work for all spiritual maturity levels
- Overview of the book of the Bible: A quick reference to what you'll find as you study

Included in Bible Study Basics: Ephesians

Each chapter is broken down into main themes including Spiritual Blessings in Christ, Alive in Christ, God's Marvelous Plan, Unity and Maturity, Christian Living, Armor of God, and more.

Each theme includes:

Start It Out activities and icebreakers to engage your group members with the theme

Talk It Out questions that you can choose from to lead a fruitful discussion

Live It Out application points to help your group members apply what they've learned